



St. John the Evangelist

Roman Catholic Community

29 N. Washington Ave
201-384-0101

Bergenfield, N.J. 07621
Fax: 201-384-2055

Parish Web Site: www.sjrc.org

Pastor

Rev. Sean A. Manson
pastor@sjrc.org

Pastor Emeritus

Rev. Msgr. Richard J. Arnhols
MsgrRJA@aol.com

Parochial Vicars

Rev. César A. Infante
frcesarin33@gmail.com

Rev. Oliver D. Nilo
oliver.nilo2021@gmail.com

Rev. Ashton I. F. Wong
fr.ashton@sjrc.org

Rev. Héctor Larrea
larreala@yahoo.com

Permanent Deacon

Deacon James A. Detura
DeaconJimDetura@gmail.com

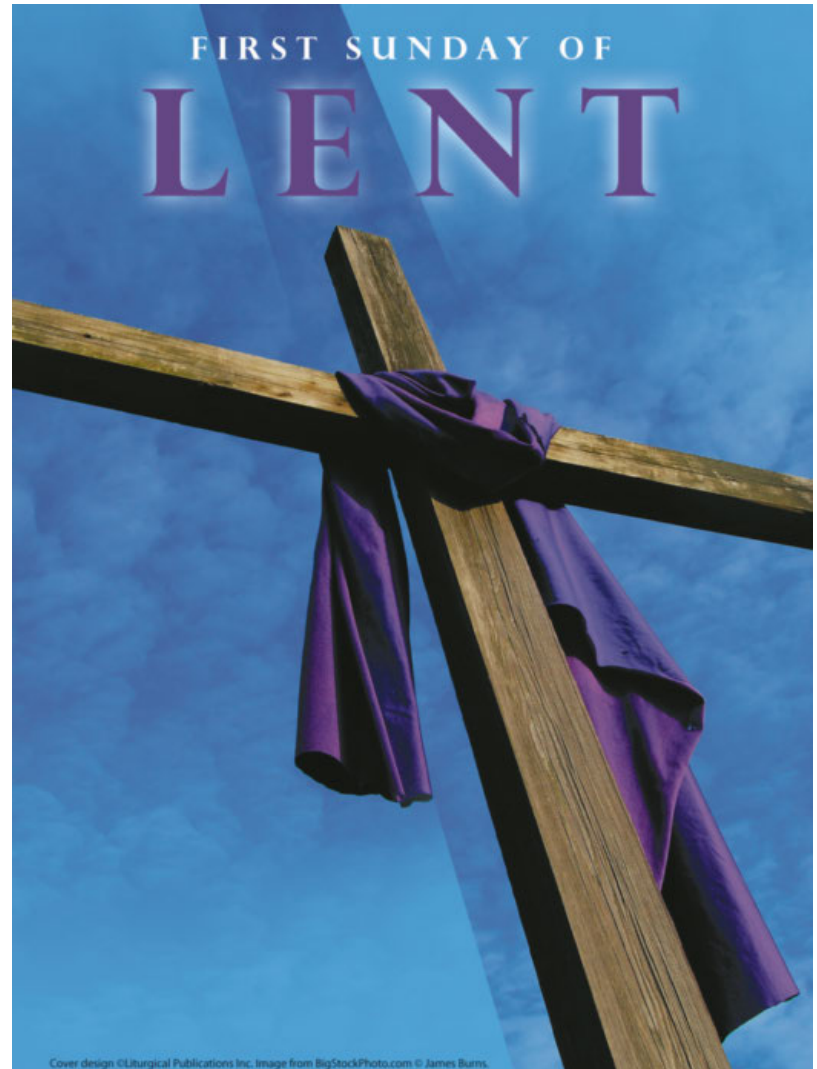
Director of Music Ministries

Lisa Oggioni Marciano

Trustees

Mrs. Patricia D. Rickly
Mr. Enrique G. Enriquez

Sunday, February 18, 2023



RELIGIOUS EDUCATION OFFICE

Parish Life Center

15 N. Washington Ave., Bergenfield 201-384-3601

Rosemarie Flood ~ roflood@yahoo.com
Director of Religious Education

Eric A. Acosta ~ ericacosta7@msn.com
Youth Minister

MASS SCHEDULE

Saturday Vigil Mass: 5:30 PM, 7:00 PM (Spanish)

Sunday Masses:

7:30 AM, 9:00 AM, 10:30 AM, 12:00 PM
1:15 PM - Spanish

Daily Masses:

Monday—Friday 7:00 AM, 9:00 AM, 6:30 PM
Tuesdays 6:30 PM Spanish



The Rectory and Religious Education offices will be closed on Monday, Feb. 19 in observance of President's Day.

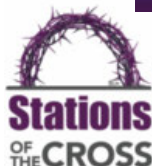
All are invited to Morning Prayer every Monday to Friday during Lent at 6:00am in the Main Church.

Deanery Lenten Penance Services

7 pm on the following days:

- Feb. 26 - St. Mary, Dumont
- March 4 - St. Joseph, Oradell
- March 11 - St. Peter's, River Edge
- March 18 - Our Lady of the Visitation, Paramus

Saturday	February 17
5:30 pm	Joseph and Mary Kate Brennan
7:00 pm (Español)	Roberto Taborda, Sr.
Sunday	February 18
7:30 am	The People of the Parish
9:00 am	Alvin Christopher Palcon
10:30 am	Juana Abregu and Rita Seco
12:00 pm	Josefina Pacheco
1:15pm (Español)	Sp. Int.: Lisnelia Espinal
Monday	February 19
7:00 am	Peligio Fano
9:00 am	Margarita Mendoza
6:30 pm	Ricky Aujero
Tuesday	February 20
7:00 am	Danny & Eugenia Ibera and Heide Dequito
9:00 am	Margaret Heckl
6:30 pm (Español)	Dorothy Hartney—36th Anniversary
Wednesday	February 21
7:00 am	Gail Buckley
9:00 am	Remia T. Jaruda
6:30 pm	Patricia Sutherland
Thursday	February 22
7:00 am	Angelina Fano
9:00 am	Ester Mariano Magat—Birthday
6:30 pm	Salvador A. Cesar
Friday	February 23
7:00 am	Idelio Antonio Rodriguez
9:00 am	Therese De Falco Holmes—2nd Anniversary
6:30 pm	Delmy A. Escobar
Saturday	February 24
7:00 am	Edwin Escobar
9:00 am	Jeanette Zammarieh
5:30 pm	Maria Alvarado
7:00 pm (Español)	Hector Jairo & Anibal Hernandez
Sunday	February 25
7:30 am	The People of the Parish
9:00 am	Dominic E. Francisco
10:30 am	The Managan Family-Thanksgiving
12:00 pm	Martha & Bill Forty
1:15pm (Español)	Miguel Arellano Guzman—3rd Anniversary



Every Friday during Lent we will pray the Stations of the Cross in the Main Church at 6:00 pm—English (except Good Friday) & at 7pm—Spanish

Altar Server training

**Sat., March 2nd 9:30am-10:30am
Main Church**

All current and aspiring Altar Servers
Ages 1st grade thru High School.

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New Jersey Chapter Edison Chapter
Bergenfield Cell Group Belleville Outreach

Saturday, 24 February 2024
10:00 am - 2:00 pm / Holy Mass at 11:30 am

Mass Celebrant: Rev Fr Sean Manson
Mass Co-Celebrant: Rev Fr Oliver Nilo

St John the Evangelist Roman Catholic Church (Lower Church)
29 North Washington Ave., Bergenfield NJ 07621

"How good and pleasant it is when God's people live in unity" - Psalm 133:1



Rice Bowl Please pick up your family's CRS Rice Bowl during Lent at the doors of the church. Please return to the Rectory by Holy Thursday. During the 40 days of Lent, we will reflect on the impact of global hunger and climate change on vulnerable communities around the word, and we will pray, fast and give alms to help our sisters and brothers in need.

Visit crsricebowl.org to learn more.

St. John's Food Pantry

We greatly appreciate your support to feed needy families. In February we'd like the following items:

Kids cereal, adult cereal, pasta & sauce, tuna, pancake mix & syrup, oatmeal, kids snacks, body wash & soap, bags of apples, potatoes & onions.

We can always use clean shopping bags. Cash donations will be used to purchase additional items.

If you have any questions, please contact Joe McHale (201)655-1073 / joemc1217@gmail.com

A Reflection From Our Pastor

Dear Brothers and Sisters,



Nature has given us the ability to experience five different tastes:

Sour. Salty. Sweet. Savory. Bitter.

But we have almost completely eliminated all bitter taste from our diet, and we have substituted it with sweets.

Sugar, artificial sweeteners and saccharines abound, resulting in an imbalance in our metabolism.

Our digestive system needs the stimulation of bitter substances in order to function properly.

Excess sugar, and lots of sweet food, plays havoc with our liver, as all the ancient and traditional herbalists, both in East and the West, knew very well.

Our liver is the metabolic laboratory of the body, eliminating all kinds of poisons and toxins from our system, and producing bile, a digestive juice essential for the breakdown of fats.

The lack of bitter substances in our liver results in listlessness, a lack of vitality, and very poor digestion.

This Lent, some people will give up sugar or chocolate or candy, avoiding sweet foods. They will get a taste for bitter things.

What is true for the body is true for the soul. The soul needs bitter things, in order to eliminate the poison that attacks it - sin.

Some of us feed our soul only on sweet, "nice" things. Some of us want love, but not the dying to self which is the only path to find it. We want joy, but not the patience in tribulation that precedes it. Or peace, but not the forgiveness of offenses thru which peace is found.

We want only nice liturgies, nice readings, nice homilies, nice hymns. We want to be surrounded by nice people. And we want a nice priest too!

But all this ruins our spiritual metabolism. We end up soft, cushy, slack, comfy, cozy, flabby Christians. Very nice, but very unbalanced.

The soul, like the liver, needs the bitter as well as the sweet. But do we really have the stomach for it?

Lent is an opportunity to restore the balance, to regain our health.

Now is the time to taste some of the more "bitter" words of the scriptures; words that are anything but sweet and nice; words calling us to repent;

words that can disturb our complacency, expose our sin and hypocrisy, and move us to tears rather than smiles.

These bitter words, these hard sayings, are a gift from God, restoring us to health and wholeness, to sanctity and sanity.

Lent is the opportunity to do some real "bitter" penance, and to produce some real spiritual bile.

Fr. Sean

Request for Church Contribution Statement 2023

Name: _____ Phone: _____

Address: _____ Envelope Number: _____

Please fill out, detach, and place in collection basket or return to rectory.
Statements will be mailed this month.

Una Reflexión de Nuestro Pastor

Queridos hermanos y hermanas,



La naturaleza nos ha dado la capacidad de experimentar cinco gustos diferentes:

Agrio. Salado. Dulce. Amargo.

Pero hemos eliminado casi por completo todo el sabor amargo de nuestra dieta, y lo hemos sustituido por dulces.

El azúcar, los edulcorantes artificiales y las sacarinas abundan, lo que resulta en un desequilibrio en nuestro metabolismo.

Nuestro sistema digestivo necesita la estimulación de sustancias amargas para funcionar correctamente.

El exceso de azúcar, y mucha comida dulce, hace estragos en nuestro hígado, como todos los herbolarios antiguos y tradicionales, tanto en Oriente como en Occidente, sabían muy bien.

Nuestro hígado es el laboratorio metabólico del cuerpo, eliminando todo tipo de venenos y toxinas de nuestro sistema, y produciendo bilis, un jugo digestivo esencial para la descomposición de las grasas.

La falta de sustancias amargas en nuestro hígado resulta en falta de apatía, falta de vitalidad y muy mala digestión.

En esta Cuaresma, algunas personas renuncian al azúcar o al chocolate o al caramelo, evitando los alimentos dulces. Les gustarán las cosas amargas.

Lo que es verdad para el cuerpo es verdad para el alma. El alma necesita cosas amargas, para eliminar el veneno que la ataca - el pecado.

Algunos alimentamos nuestra alma solo con cosas dulces y "agradables". Algunos de nosotros queremos amor, pero no el morir a uno mismo, que es el único camino para encontrarlo. Queremos alegría, pero no la paciencia en la tribulación que la precede. O la paz, pero no el perdón de las ofensas a través de la cual se encuentra la paz.

Solo queremos liturgias agradables, lecturas agradables, homilías agradables, himnos agradables. Queremos estar rodeados de gente agradable. ¡Y también queremos un buen sacerdote!

Pero todo esto arruina nuestro metabolismo espiritual. Terminamos siendo cristianos blandos, cómodos, acogedores. Muy agradables, pero muy desequilibrados.

El alma, como el hígado, necesita lo amargo y lo dulce. ¿Pero realmente tenemos el estómago para ello?

La Cuaresma es una oportunidad para restaurar el equilibrio, para recuperar nuestra salud.

Ahora es el momento de saborear algunas de las palabras más "amargas" de las escrituras; palabras que son cualquier cosa menos dulces y agradables; palabras que nos llaman a arrepentirnos;

palabras que pueden perturbar nuestra complacencia, exponer nuestro pecado y la hipocresía, y nos mueven a las lágrimas en lugar de sonrisas.

Estas palabras amargas, estos dichos duros, son un don de Dios, que nos devuelve la salud y la integridad, la santidad y la cordura.

La Cuaresma es la oportunidad de hacer una verdadera penitencia "amarga", y producir una verdadera bilis espiritual.

Fr. Sean

Solicitud de Declaración de Contribución de la Iglesia 2023

Nombre: _____ Teléfono: _____

Dirección: _____ Número de Sobre: _____

Por favor, complete, separe y coloque en la canasta de la colecta o devuélvala a la rectoría.

Las declaraciones serán enviadas por correo este mes.



Penance Saturdays:1:00pm—2:00pm in the Church

Baptisms English — 3:00pm

2nd & 3rd Sundays of the month

Spanish—2:45pm—4th Sunday of the month

NO BAPTISMS DURING LENT—FEB. 14—MAR. 28

Instructions for parents will be held on the 1st Sunday of the month in English at 1:30pm in the Parish Life Center Basement and the 3rd Sunday of the month in Spanish at 2:45pm in the Parish Life Center Gathering Room for parents having their first child baptized. All parents must be registered parishioners and present the child's birth certificate at the time of arranging the baptism. Godparents must be practicing Catholics, at least sixteen years of age, who have received the Sacraments of Confirmation & Eucharist, and, if married, the Sacrament of Matrimony. Sponsor certificate must be presented at least one week before Baptism. Please call the Rectory at 201-384-0101 for information.

Matrimony Arrangements for a wedding should be made at least one year in advance. Please contact one of the priests, 201-384-0101.

2023 Contribution Statements For those who request them and who use our parish envelope system, please fill out the form at the bottom of page 3 or 4 and return it to the rectory office or in the collection basket. Those who participate in our Parish Giving electronic system will receive an emailed statement of their contributions toward the end of this month, sent directly from Parish Giving. Please check your email!

Did you know?

BabyFact :



An unborn baby's heart starts beating at 22 days from fertilization?*

*See Endowment for Human Development website: https://www.ehd.org/dev_article_unit4.php#fb1




Safe Environment Corner
How to Report Abuse

The Archdiocese takes very seriously any and all allegations of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform us so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Call the Coordinator for the Office of Accompaniment in the Archdiocesan Department for the Protection of the Faithful at **201-407-3256**

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DO YOU HAVE AN ANSWER DO YOU SEE YOUR LIFE TO YOUR SUFFERING? FULL OF HOPE?

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2024 Archdiocesan Annual Appeal

Each year we are invited to participate in the Annual Appeal, which is an opportunity to support the essential ministries and programs of our Archdiocese. Your sacrificial support enables us to carry out the important work we are called to do as missionary disciples of Jesus. **Our Parish Goal is \$102,661.33 and our Stretch Goal is \$104,591.00.**



Please note: There will not be an English baptism class on the first Sunday of March. The next English baptism class will be the first Sunday in April.

Las oficinas de la Rectoría y Educación Religiosa estarán cerradas el lunes, Febrero 19 en observación del Día de los Presidentes.

Retiro de Cuaresma
San Juan Evangelista
 Bergenfield, NJ
Sábado, Febrero 24
 8:30 am - 3:30 pm

Predicación, Música, Hora Santa, Confesiones y Eucaristía.

Donación \$ 10
 Incluye Almuerzo.

Conlon Hall (Gym)
 29 N William St. Bergenfield, NJ; Conlon Hall (Gym)



Entrenamiento Para Monaguillos
Sábado 2 de marzo 9:30 am-10:30 am
 Capacitación para monaguillos: todos los monaguillos actuales y aspirantes—Iglesia principal. Edades desde 1er grado hasta la escuela secundaria.

- Grupos Parroquiales**
- La Palabra ~ lunes, Iglesia de abajo de 7:30pm ~ 9:30pm
 - Legión de María ~ martes, Capilla del Parish Life Center de 6:00pm ~ 7:30pm
 - Tienda del Encuentro ~ martes, Basement del Parish Life Center de 7:00pm ~ 10:00pm
 - Emaús Mujeres ~ miércoles, Iglesia de abajo, 7:30pm ~ 9:30pm
 - Emaús Hombres ~ miércoles, Basement del Parish Life Center 7:30pm ~ 9:30pm
 - Grupo de Oración Luz y Vida ~ jueves, Iglesia de abajo, 7:30pm ~ 9:30pm
 - Devoción a la Preciosa Sangre de Cristo ~ viernes, Basement del Parish Life Center, 8:00pm ~ 9:00pm
 - Ministerio Matrimonios Con Cristo ~ tercer viernes del mes, iglesia de abajo de 7:30pm ~ 9:45pm

Están invitados al retiro de cuaresma el próximo sábado, febrero 24 de 8:30am a 3:30pm en Conlon Hall. Adquiera su ticket a la salida de la Misa o en la oficina de la rectoría.



Vía Crucis

Los viernes a las 7:00 pm en Español en la Iglesia Principal (excepto el Viernes Santo)
 6:00pm en Ingles



Operación Plato de Arroz (Rice Bowl)

Recoge su Tazon de Arroz de CRS por las entradas de la iglesia. Durante los 40 días de Cuaresma, reflexionaremos sobre el impacto del hambre y el cambio climático en las comunidades vulnerables de todo el mundo. Oraremos, ayunaremos y daremos limosna para ayudar a nuestros hermanos necesitados. Visite crsplatodearroz.org para saber más.


SOLEMNIDAD DE:
La Anunciación del Señor

Vestir de Blanca

ROSARIO DE LA *Aurora* & MISA DEL *Alba*

SÁBADO . 2 DE MARZO, 2024
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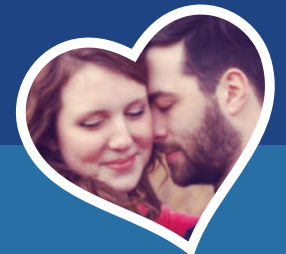
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1594 Lakewood Rd., Unit 12
Toms River, NJ 08755
848-224-4044

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